

Personal Reflection

What is your perspective about behaviors being communication?

Do you and your colleagues share the same perspective? How is that helpful or detrimental?

In what situations have you experienced behavior as communication?

In those situations (whether positive or negative), what was your response?

In retrospect, do you feel your response addressed the behavior's message?

What shifts would you like to make in your response to communicative behaviors?

What support would you need in order to listen more carefully to the behaviors around you?