

## Causes and Solutions for Inattentiveness

Cause	Possible Remedy
<b>Schedule</b>	Provide students with a visible, tangible schedule of the lesson or day's activities. Teachers must be organized and follow the schedule at a brisk pace, with minimal lost time for transitions.
<b>Clutter</b>	Remove any items students do not need for current tasks. Distractible students behave better when their work area is uncluttered.
<b>Tasks</b>	Save easier tasks for later in the lesson or the end of the day as this is typically when attention wanes. Avoid long stretches of instructional time in which students sit passively.
<b>Focus</b>	Capture students' attention through predictable structures, routines, and procedures. Wait until all students are present before giving directions. Use a strategy that works for you (for example, "One, two, eyes on you. One, two, three, eyes on me"). Privately approach targeted students to restate directions or have the students restate them.
<b>Breaks</b>	Agree to give students short breaks to engage in a preferred activity when they have finished a given amount of work.