

Chapter 11 Reflection Questions

Now that you have completed the chapter, consider and reflect on the following questions.

1. Think about a time when you reacted badly during a situation. What emotion were you feeling when you reacted? If you could relive that exact situation, what would you do differently?
2. Think about a time when a student acted aggressively or inappropriately. What do you think he or she was *really* seeking by acting this way? What could you have said, or how could you have fulfilled this need, to calm the situation?
3. Take a moment and look around your classroom. Notice the light, the temperature, and if there are any extra noise or visuals that are competing with what you are trying to teach. Are there steps you can take to improve the environment (maybe a work order for that flickering light, or a poster over the window where distractions occur)?
4. Does your school currently have a campuswide plan to help with student behavior issues? If so, how has your school communicated this plan with teachers, students, and parents, and are there places where it can improve this communication? If not, what barriers must it remove to start putting one together?