

## Teacher Survey for Using Physical Movement

1. I ask my students to stand up and stretch when their energy is low.

Strongly Disagree      Disagree      Neither Agree  
Nor Disagree      Agree      Strongly Agree

2. I have my students respond to questions physically (for example, by walking to certain areas of the room).

Strongly Disagree      Disagree      Neither Agree  
Nor Disagree      Agree      Strongly Agree

3. I have my students interact with each other in ways that require them to stand up and move around the room.

Strongly Disagree      Disagree      Neither Agree  
Nor Disagree      Agree      Strongly Agree

4. I have my students act out or physically model key pieces of content.

Strongly Disagree      Disagree      Neither Agree  
Nor Disagree      Agree      Strongly Agree

5. My students know the rules and procedures for physical movement and can move around without getting off task or rowdy.

Strongly Disagree      Disagree      Neither Agree  
Nor Disagree      Agree      Strongly Agree

6. My students are more engaged when I incorporate physical movement into my lessons.

Strongly Disagree      Disagree      Neither Agree  
Nor Disagree      Agree      Strongly Agree

*Source: Adapted from Marzano Research. (2016). Marzano compendium of instructional strategies. Centennial, CO: Author.*