

## Student Survey for Using Physical Movement

1. My teacher asks me to move around during class.

Strongly Disagree

Disagree

Neither Agree  
Nor Disagree

Agree

Strongly Agree

2. My teacher has us stretch our bodies so that we feel full of energy.

Strongly Disagree

Disagree

Neither Agree  
Nor Disagree

Agree

Strongly Agree

3. My teacher asks me to act out what I am learning.

Strongly Disagree

Disagree

Neither Agree  
Nor Disagree

Agree

Strongly Agree

4. I never stay in my seat for a whole class; the teacher always asks us to get up and move around at some point.

Strongly Disagree

Disagree

Neither Agree  
Nor Disagree

Agree

Strongly Agree

5. I learn better when I get the chance to move around during class.

Strongly Disagree

Disagree

Neither Agree  
Nor Disagree

Agree

Strongly Agree

6. Students in my class know how to move around without getting off task or noisy.

Strongly Disagree

Disagree

Neither Agree  
Nor Disagree

Agree

Strongly Agree

*Source: Adapted from Marzano Research. (2016). Marzano compendium of instructional strategies. Centennial, CO: Author.*