

Name: _____

Types of Bullying

Bullying is when any of the following behaviors happen again and again to someone, and it is hard for the person being bullied to stop this from happening. Some types of bullying include:

Exclusion

- Being deliberately ignored, left out on purpose, or not allowed to join in

Physical

- Being deliberately hit, kicked, or pushed around

Lies or Rumors

- Having lies or nasty stories told about someone to make other kids not like him or her

Threats

- Being made afraid of getting hurt
- Staring or giving someone mean looks or gestures
- Forcing someone to do things he or she doesn't want to

Verbal Abuse and Teasing

- Deliberately being made fun of and teased in a mean and hurtful way

Cyber

- Deliberately being hurt online or by phone (such as when using a social networking site like Club Penguin)

Bullying is used by a more powerful person to cause fear, distress, or other harm to a less powerful person who is unable to stop the bullying from happening.