

Name: _____

Friendship Firsts

<p style="text-align: center;">Make the First Move</p> <p>Try being the one to smile first or start a conversation. It is sometimes hard; however, the person you are smiling at might feel just as nervous as you and will appreciate the effort you have made to introduce yourself.</p>	<p style="text-align: center;">Join In</p> <p>Look for places where you can be part of a group. It might be clubs, at your school, sporting clubs, or a place in your community that is looking for students to lend a hand on a volunteer basis.</p>
<p style="text-align: center;">Show You Care</p> <p>Practice being an active listener. Display a genuine interest in what someone else is telling you. Ask questions about what he or she has told you, so that he or she knows you were really listening.</p>	<p style="text-align: center;">Accept Differences</p> <p>Celebrate the differences in all your friends; accept them for who they are, just as you want them to accept you for who you are.</p>
<p style="text-align: center;">Take a Chance</p> <p>If you feel comfortable, take the opportunity to share something about yourself with another person. It might be about your favorite TV show or sports you prefer to play and watch.</p>	<p style="text-align: center;">Exercise Caution</p> <p>There will always be people who you will want as friends, but something in your head tells you that it is probably not a good idea. Listen to that voice.</p>
<p style="text-align: center;">Be Yourself</p> <p>Always make sure that you do not pretend to be someone you are not with your friends. Friends appreciate knowing the real you—your thoughts and feelings, as well as your differences.</p>	<p style="text-align: center;">Give and Take</p> <p>It takes two or more to have a friendship. It is not much fun though, if all the effort is put in by one person. Always try to give as much as you get with your friends.</p>
<p style="text-align: center;">A Kind Word</p> <p>Friends are supposed to be able to say anything to each other; however, the way we say things can really hurt sometimes. Be gentle with your friends, and think before you speak.</p>	<p style="text-align: center;">A Tip From You . . .</p>