

Name: \_\_\_\_\_

# Understanding Bullying Quiz

## Round 1

### Question 1

What percentage of students your age report having been bullied frequently (every few weeks or more often)?

- a) 15%
- b) 6%
- c) 26%
- d) 44%
- e) None in our schools; bullying doesn't happen here

### Question 2

What percentage of students your age report bullying someone every few weeks or more often?

- a) 15%
- b) 29%
- c) 6%
- d) 48%
- e) No one said they bullied anyone

### Question 3

What is the most common type of bullying reported by students your age?

- a) Cyberbullying—being sent mean and hurtful messages on the Internet or mobile phone
- b) Emotional bullying—being left out or not allowed to join in; spreading lies or stories about someone
- c) Physical bullying—being hit, kicked, punched, or pushed around
- d) Threatening—made afraid of getting hurt, embarrassed, or upset
- e) Property abuse—having money or other things broken or taken away
- f) Verbal bullying—cruel teasing and name-calling and being made fun of and teased in a hurtful way

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#### Question 4

What was reported as the most common place or time eighth-grade students experienced being bullied?

- a) In the classroom
- b) During break times at school
- c) On the way to school
- d) On the way home from school

#### Question 5

True or false: Girls are more likely to be bullied than boys.

- a) True
- b) False

## Round 2

#### Question 6

Write a group definition of bullying.

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#### Question 7

One of the best ways to deal with bullying if you are not able to stop it from happening is to:

- a) Bully back
- b) Get really angry and yell at the person or group bullying you
- c) Hurt the person or people bullying you
- d) Ask an adult for help
- e) Get upset and cry

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**Question 8**

What percentage of students your age asked their parent or guardian for help when they were bullied?

- a) 82%
- b) 23%
- c) 57%
- d) 64%

**Question 9**

True or false: Asking a teacher to help when you see another student bullying someone is tattling.

- a) True
- b) False

**Question 10**

Who would most students your age ask for help if they were bullied?

- a) Parents
- b) Friends
- c) Teachers or school staff member
- d) Other family members, for example, grandparents, aunt, uncle, sister, or brother
- e) Others

**Question 11**

What did students report as the best ways to stop online bullying?

- a) Blocking messages
- b) Reporting to the police or other authorities
- c) Asking them to stop
- d) Fighting back or ignoring it
- e) Keeping a record of nasty emails or messages
- f) Telling a teacher
- g) Telling a parent
- h) Changing email addresses and mobile phone numbers

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## Round 3

### Question 12

What percentage of students your age reported that they helped the person being bullied at the time of the bullying?

- a) 23%
- b) 42%
- c) 76%
- d) 64%

### Question 13

True or false: Bullying only involves the person bullying and the person being bullied.

- a) True
- b) False

### Question 14

What percentage of students reported having responded appropriately when reacting when they see other students being bullied? When answering, please consider that appropriate behaviors include:

- Telling parents
  - Telling an adult at school
  - Telling another student
  - Helping the person at the time
  - Helping the person later on
  - Getting help
  - Telling the person bullying to stop
- a) 48%
  - b) 76%
  - c) 23%
  - d) 33%

### Question 15

Who reports feeling lonelier at school: the person being bullied or the person bullying?

- a) The person who reports having been bullied
- b) The person who reports having bullied another student

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**Question 16**

What are the two most common reactions of students to seeing or hearing about someone being bullied?

- a) Helping the person being bullied at that time
- b) Joining in with the person bullying
- c) Getting someone to help stop it
- d) Telling their parents
- e) Doing nothing
- f) Helping the person being bullied later on
- g) Telling the person who was bullying to stop
- h) Telling an adult at school
- i) Ignoring it
- j) Telling another student
- k) Later finding a way to hurt the person who was bullying

**Question 17**

True or false: The most common reason why some students bully is because they are trying to be more popular.

- a) True
- b) False