

Name: _____

Situation-Strategy Match

Give an example of a bullying situation in which you might use or suggest the following strategies.

Be assertive.	_____
Use humor.	_____
Avoid the situation.	_____
Ignore the bullying.	_____
Ask for help.	_____

If I were being bullied, the strategies I would use would be:

because

I felt that I was best at using

strategy when dealing with bullying situations because

I would like to improve my use of _____ strategy because
