

Name: _____

Quiz Questions and Answer Sheet

(**Note:** The bolded response is the correct choice.)

Round 1

Answers are according to the findings of Child Health Promotion Research Centre, n.d.

Question 1

What percentage of students your age report having been bullied frequently (as in every few weeks or more often)?

- a) 15%
- b) 6%
- c) **26%**
- d) 44%
- e) None in our schools; bullying doesn't happen here

Answer: 26 percent of eighth-grade students your age reported they were bullied every few weeks or more often (Australian Covert Bullying Prevalence Study [ACBPS], 2009).

Question 2

What percentage of students your age reported bullying someone every few weeks or more often?

- a) **15%**
- b) 29%
- c) 6%
- d) 48%
- e) No one said they bullied anyone

Answer: 15 percent of eighth-grade students reported they bullied someone every few weeks or more often (ACBPS, 2009).

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Question 3

What is the most common type of bullying reported by students your age?

- a) Cyberbullying—being sent mean and hurtful messages on the Internet or mobile phone
- b) Emotional bullying—being left out or not allowed to join in; spreading lies or stories about someone
- c) Physical bullying—being hit, kicked or punched, or pushed around
- d) Threatening—made afraid of getting hurt, embarrassed, or upset
- e) Property abuse—having money or other things broken or taken away
- f) **Verbal bullying—cruel teasing and name calling and being made fun of and teased in a hurtful way**

Answer: Verbal bullying, such as cruel teasing and name calling, is the most common type of bullying reported by eighth-grade students, with 52 percent of students surveyed reporting they experienced this type of bullying every few weeks or more often.

Question 4

What was reported as the most common place or time eighth-grade students experienced being bullied?

- a) **In the classroom**
- b) **During break times at school**
- c) On the way to school
- d) On the way home from school

Answer: Of those eighth-grade students who reported being bullied, the majority said they were bullied mainly during break times at school (52 percent), while others were bullied in the classroom (46 percent). More students reported having been bullied on their way home from school (17 percent) than on their way to school (10 percent) (ACBPS, 2009).

Question 5

True or False: Girls are more likely to be bullied than boys.

- a) True
- b) **False**

Answer: While some forms of bullying are higher among boys and other forms are higher among girls, there is only a 2 percent difference between the overall responses by boys and girls as to whether they have been bullied or cyberbullied every few weeks or more often (Public Education Endowment Trust, 2009).

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Round 2

Question 6

Write a group definition of bullying.

- a) Power imbalance
- b) Intentional or deliberate behavior
- c) Repeated
- d) Person being bullied is unable to help him- or herself
- e) Type of aggressive behavior

Answer: The definition should include each of these elements (award one point for each element).

Question 7

One of the best ways to deal with being bullied if you are not able to stop it from happening is to:

- a) Bully back
- b) Get really angry and yell at the person or group who is bullying you
- c) Hurt the person or people bullying you
- d) Ask an adult for help**
- e) Get upset and cry

Answer: Another good way is to be assertive and stand up for yourself in a positive way. Remind students it is always OK to ask for help.

Question 8

What percentage of students asked their parent or guardian for help when they were bullied?

- a) 82%
- b) 23%
- c) 57%**
- d) 64%

Answer: 57 percent of students asked their parent or guardian for help when they were bullied.

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Question 9

True or false: Asking a teacher to help when you see another student bullying someone is tattling.

- a) True
- b) False**

Answer: Tattling is when a person deliberately tries to get attention or to get someone else into trouble.

Asking for help is when someone feels the situation is out of his or her control and feels unable to deal with it alone and needs help. Asking for help is always OK. If anyone sees someone else being bullied, he or she should also ask for help.

Question 10

Who would most students your age ask for help if they were bullied?

- Parents
- **Friends**
- Teachers and school staff members
- Other family members, for example, grandparents, aunt, uncle, sister, or brother
- Others

Answer: If a student was bullied (especially girls), he or she was most likely to ask his or her friends (72 percent), parents (57 percent), and teachers (44 percent) for help.

Question 11

What did students report as the two best ways to stop online bullying?

- a) Blocking messages**
- b) Reporting to the police or other authorities
- c) Asking them to stop
- d) Fighting back
- e) Ignoring it
- f) Keeping a record of nasty emails or messages
- g) Telling a teacher
- h) Telling a parent**
- i) Changing email addresses or mobile phone numbers

Answer: 76 percent of eighth-grade students reported that the best way to stop online bullying was to tell a parent. 71 percent of eighth-grade students reported that blocking messages was the best way to stop online bullying. The following table (ACBPS, 2009) can be used as a reference for other methods used by students to stop online bullying.

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Ways eighth-grade students reported they thought were the best ways to stop bullying behavior online

Ways to Stop Bullying Behavior Online	%
Telling a parent is the best way to stop students from bullying others online.	75.6
Blocking messages is the best way to stop students from bullying others online.	70.9
Keeping a record of nasty emails or messages is the best way to stop students from bullying others online.	62.6
Ignoring them is the best way to stop students from bullying others online.	61.4
Asking them to stop is the best way to stop students from bullying others online.	60.7
Telling a teacher is the best way to stop students from bullying others online.	58.3
Changing email addresses and mobile phone numbers is the best way to stop students from bullying others online.	53.3
Reporting to the police and other authorities is the best way to stop students from bullying others online.	42.7
Fighting back is the best way to stop students from bullying others online.	21.2

Round 3

Question 12

What percentage of students reported that they helped the person being bullied at the time of the bullying?

- a) 23%
- b) 42%**
- c) 76%
- d) 64%

Answer: 42 percent of students reported they helped. Discuss with the students the type of help students want when they are bullied. Record students' ideas for later lessons.

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Question 13

True or False: Bullying only involves the person bullying and the person being bullied.

- a) True
- b) False**

Answer: Bullying occurs in a social context. The behavior of adults and peers in the school community can either encourage bullying behavior or discourage bullying and promote a positive and safe environment. Peers are an important group who can discourage bullying and provide support for students who are bullied.

Question 14

What percentage of students reported having responded appropriately when they saw other students being bullied? When answering, please consider that appropriate behaviors include:

- Telling parents
- Telling an adult at school
- Telling another student
- Helping the person at the time or helping the person later on
- Getting help
- Telling the person bullying to stop

- a) 48%**
- b) 76%
- c) 23%
- d) 33%

Answer: Only 10 percent of students reported behaving inappropriately if they saw bullying situations. Discuss what students would describe as an inappropriate response to bullying.

Inappropriate behaviors were considered by the ACBPS to be:

- Doing nothing
- Ignoring it
- Making a joke of it
- Joining in
- Later hurting the person bullying

Question 15

Who reports feeling lonelier at school: the person being bullied or the person bullying?

- a) The student who reports having been bullied
- b) The student who reports having bullied another student**

Answer: 78 percent of students who report having bullied other students report higher levels of loneliness at school compared to students who were not bullied and those not involved.

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Question 16

What were the two most common reactions of students to seeing or hearing about someone being bullied?

- a) Helping the person being bullied at that time
- b) Joining in with the person bullying
- c) Getting someone to help stop it
- d) Telling their parents
- e) Doing nothing
- f) Helping the person being bullied later on
- g) Telling the person who was bullying to stop**
- h) Telling an adult at school
- i) Ignoring it
- j) Telling another student**
- k) Later finding a way to hurt the person who was bullying

Answer: 66 percent of students told another student in response to reporting seeing or hearing about bullying. Other students helped the person being bullied at the time (42 percent) or got someone to help stop it (40 percent), with over one half telling the person who was bullying to stop (53 percent).

What actions did you take when you saw or heard about someone being bullied?	%
I told another student.	65.7
I told the person who was bullying to stop.	53.4
I helped the person being bullied at that time.	42.4
I got someone to help stop it.	39.7
I did nothing.	39.6
I told my parents.	39.0
I helped the person being bullied later on.	37.4
I told an adult at school.	29.0
I ignored it.	28.7
I later found a way to hurt the person who was bullying.	8.8
I made a joke of it.	7.3
I joined in with the person bullying.	3.2

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Question 17

True or false: The most common reason why some students bully is because they are trying to be more popular.

- a) True
- b) False

Answer: Most students who bully want to be popular and admired, and they think if they use their power over someone else it will make them look strong, attractive, or smart to their peers. These students are often afraid that if they don't make other students like them by bullying, they may not have friends of their own.