

Name: _____

Healthy or Unhealthy Groups

Description of Group	Healthy	Unhealthy
I can be myself when I'm with members of my group.		
I feel the need to act differently to fit in with my group.		
To fit in with my group, I have to dress like everyone else in the group.		
Friends in my group think they are better than other students in my class.		
My friends don't mind if I spend time with friends who aren't part of the group.		
Students in my group are mean to other students who are not in my group.		
I really like all the students in my group.		
The students in my group are never mean to me.		
Sometimes students in my group don't let me join in with what they are doing.		
I enjoy being with my friendship group.		
I feel I have to behave differently in my friendship group—I can't be me.		
No one else is allowed to play with our friendship group.		
Students in my group care about me.		
My group only talks to each other on Gchat.		
My friendship group at school also spends lots of time chatting online.		