

Figure 6.2: Teaching Considerations for Social and Emotional Learning Skills

Social and Emotional Learning Skills	Teacher Considerations
<p>Self-Awareness</p> <p>Students understand their individual strengths and weaknesses and have strategies they use when experiencing difficulty.</p> <p>Students can identify what causes them difficulty and identify strategies that are helpful to them.</p> <p>Students can tell you what they are good at and what they do when they don't understand something.</p>	<p>How can you help students reflect on their progress as learners and identify strategies that are helpful to them?</p> <p>How do you encourage students to identify what is hard for them?</p> <p>Do you ask students to self-assess their learning?</p> <p>How do you provide frequent feedback regarding student performance and specific areas for growth?</p> <p>Do you ask students to use a journal or reflective thinking to respond to questions such as:</p> <ul style="list-style-type: none"> • What was easiest for me to learn this week? Why? • What was most difficult about this assignment? Why? • What strategies did I use that helped me? <p>Do you instill a growth mindset into students by focusing on what has not yet been accomplished and help them identify strategies to improve?</p>
<p>Self-Monitoring and Self-Management</p> <p>Students recognize when they are having difficulty and use self-management strategies to help them focus, complete assignments, manage frustration, and achieve goals.</p> <p>Students can tell you the strategies they use when they lose focus or have difficulty.</p>	<p>Do you introduce students to various strategies that they can use to:</p> <ul style="list-style-type: none"> • Organize their work • Follow a schedule or timeline • Calm down (for example, count to ten, breathe deeply, use stress balls) • Increase focus and productivity (for example, use flexible seating, wear noise cancelling headphones) • Self-monitor time on task (for example, use timers)
<p>Social Awareness</p> <p>Students have empathy, understand different perspectives, and treat others with respect.</p> <p>Students can express actions they take to treat others fairly and respectfully.</p>	<p>What do you do in your classroom to help students develop skills such as:</p> <ul style="list-style-type: none"> • Listen to peers without interrupting • Respect others' opinions • Work cooperatively within a group • Participate in group discussions with varying opinions • Respect peers who are different than they are (for example, different backgrounds, abilities, races, or languages) • Show kindness and empathy
<p>Decision Making</p> <p>Students make constructive choices.</p> <p>Students can tell you how they make personal decisions and how they make decisions when working with others.</p>	<p>How can you incorporate activities to build the following skills:</p> <ul style="list-style-type: none"> • Develop good work habits • Accept responsibility • Develop determination and perseverance • Recognize poor choices and develop strategies to use in the future • Develop a plan to achieve a goal
<p>Relationships</p> <p>Students develop positive relationships with peers and adults.</p> <p>Students have the ability to communicate and work cooperatively with others.</p> <p>Students can tell you what they do to ensure that others hear and understand their point of view.</p>	<p>What do you do in your class to promote:</p> <ul style="list-style-type: none"> • Students working together toward a common goal • Students discussing and resolving conflict • Students using a process for listening to all perspectives